



Parent Newsletter



January 20, 2020

Hello Parents!

Semester 1 finals are this week! Remind your student to get at least 7 hours of sleep and to eat a well-balanced breakfast with healthy carbs so they have the physical and mental energy for successful test-taking. Remember, cramming can create anxiety, so they should avoid it. Study early and often.

Our PTSA General Nominating meeting is January 29th at 5:30pm. For more information, please visit the [PTSA](#) page on the SES website. Your support is greatly appreciated.

High School Science Fair is February 5th from 2:30 – 6:00pm. SES is seeking judges. If you or someone you know has a career or education in science, or is a science oriented graduate student, ask them to contact the office (916-395-5040) or click this link [[SES HS Science Fair Judge](#)].

The SES PTSA supports activities at SES. Parents, teachers, and students are encouraged to join and volunteer. **Membership in PTSA does not require participation in meetings or functions.** Your contribution is a way to support students and the valuable programs at SES. Parent volunteers are needed for upcoming field trips to UC Davis and UC Santa Cruz. Limited scholarships are available to cover the field trip volunteer screening process. Ask in the office.

PTSA membership dues are \$6.00. Envelopes are available in the office or visit <https://jointotem.com/ca/sacramento/school-of-engineering-sciences-pta/join>. Join today!



- DeLicia Cole, PTSA President

Fundraising

At this time, we have three (3) ongoing hassle-free fundraisers that require NO extra time and NO extra money.

Just shop as you normally shop:

1. **Shoparoo** - download the free app, snap pictures of your receipts and earn for our school.
2. **Amazon Smile** - use smile.amazon.com and make sure SES is getting a % if your purchases in donations to our school.
3. **Box Tops for Education**-drop your clips off in the office; or download the app and scan your receipt to earn for our school.

Robotics

Next Workshop: Jan 25 @SES CCC 8:00 - 9:30am

SES Robotics Crab Feed Feb 8th – Tickets now on sale. Buy from a high school robotics student or email

sesroboticscrabfeed@gmail.com. Please include “SES Crabfeed” in the subject line.

SAVE THE DATE: February 14 - SES Robotics Inc. & The Friends of the Robbie Waters Pocket/Greenhaven Library Blood Drive (flier attached)

Questions or suggestions? We want to hear from you! Please email us at ptsapres@seshs.org

Career and College Focus

UC Davis (9th Grade): This is an all-day trip and the students will also be able to watch the Robotics Competition! That will be fun to watch.

UC Santa Cruz (11th Grade): Mid May - date has not been confirmed.

Parent volunteer chaperones are needed for both field trips. Please go the office for the volunteer packet and ask about possible volunteer scholarship.

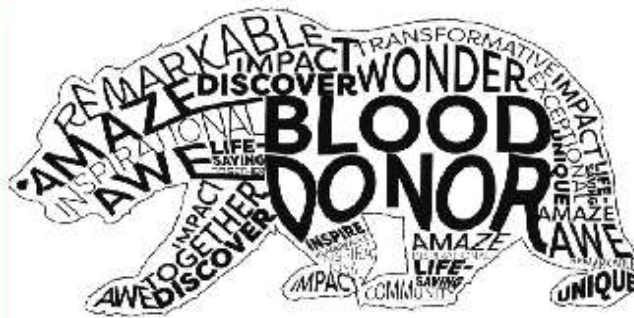
Dates to Remember

- January 20:** Martin Luther King Day, NO SCHOOL
- January 21-23:** Semester 1 Finals
- January 24:** Early Dismissal (12:40)
- January 24:** Winterfest
- January 25:** SES Robotics Workshop – 8:00 – 9:30am
- January 29:** PTSA General Nominating Meeting - 5:30pm
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- February 3:** PTSA Meet & Greet
- February 4:** Last day of Tours for Prospective Students
- February 5:** 11th grade Resume Workshop, Part 1 – 1:00-3:00pm
- February 8:** SES Robotics Crabfeed – SES Multi-Purpose Room
- February 10:** Presidents' Day, NO SCHOOL
- February 11:** 11th grade Resume Workshop, Part 2 – 1:00-3:00pm



PTSA[®]

BLOOD DRIVE 2/14



CALIFORNIA

Give
Blood,
Get a
CA Bear
Blood Donor
T-shirt

SES Robotics Inc. & The Friends of the Robbie Waters Pocket/Greenhaven Library

7345 Gloria Dr. Sacramento CA

Friday, February 14 🍷 9 a.m. – 1 p.m. 🍷 Bloodmobile located on campus

For information or to schedule an appointment, please contact Berta Serrato

at 916-258-2107 or by email at berta.sesrobotics2015@gmail.com

* 16 & 17 year old students must have a signed Parent Consent Form. * Please eat well & drink plenty of water prior to donating. Please bring a photo ID.

* Eligibility questions, please call 916-258-4825. * Complete your health history questionnaire the day of your donation at Vitalant.org/health

 BloodSource is now Vitalant

vitalant. 